



Milli Al Ameen College (for girls)

Department of Education in collaboration with IQAC

Organizes an Extension Lecture
on

***Impact of Anxiety and Stress on Health
and Well-being of the Students***



SPEAKER :

Dr. Shabana Haydar
Associate Professor, Netaji
Nagar College for Women



Date: September 9, 2025

Time: 1pm

Venue: Virtual Room



All students and faculty members are cordially invited
to attend the event

